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Insights into Soul Travel

and Astral Projection

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Soul Travel

Astral projection is a
term used in esotericism

to describe an

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intentional out-of-body experience (OBE) that assumes the existence of a soul or consciousness called an "astral body" that is separate from the physical body and capable of travelling outside it throughout the universe. The idea of astral travel is ancient and occurs in multiple cultures. The modern terminology of "astral

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projection" was coined and promoted by 19th-century Theosophists. It is sometimes reported in association with d

**Astral projection -
Wikipedia**

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program was designed

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to assist the listener in achieving super-conscious lucid dream states and to assist in astral and soul travel.

Some say that we are the sum total of what we surround ourselves with.

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During astral projection
your soul or higher

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consciousness leaves your physical body and is free to journey anywhere on the astral plane to the past, present or even the future. It's like an Out Of Body Experience, but these tend to take people by surprise.

Develop your psychic skills - Astral Projection | Michele ...

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There are different beliefs and concepts accepted in the Spiritual Biz regarding astral travel. When it is called astral projection, it is considered an out-of-body experience where a person's soul or consciousness, the "astral body," separates from the physical body and travels around the universe or in the astral

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Astral

plane.

**Understanding Astral
Travel and Astral
Projection | Keen ...**

Astral travel is the the soul moving from the physical human body and into the physical world. Science on the other hand believe it is not in fact the soul leaving the body but a very vivid dreamlike

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Astral

state. Drugs like
Ketamine and other
hallucinogenics can
sometimes induce an out
of body like experience.

**How to Astral Project
- Astral Projection
Step by Step ...**

Astral projection (or
astral travel) is a
spiritual interpretation
of the out of body
experience. Astral

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Projection is a very common occurrence. Five to ten percent of the world's population has...

Understanding the Astral Plane and Astral Travel | by ...

Astral Projection Guide – How To Perform Astral Travel Safely. In plain terms, astral projection is an out of

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body experience. It is one of the most powerful forms of these experiences. During astral projection, the soul is separated from the physical body. The astral is the subtle body that hovers over and observes the environment.

Astral Projection

Guide – How To

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Perform Astral Travel Safely

Soul Travel is a shift in awareness, a change in consciousness, moving closer to God. Although in truth, Soul doesn't actually "go" anywhere, Soul Travel describes the experience of accepting greater states of being. Broadening your viewpoint from even higher vantage

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points brings upliftment,
problem-solving skills,
and endless opportunity
for spiritual adventure.

Learning

**Soul Travel | Out-of-
Body Experiences &
Expansion of ...**

When you learn how to
astral project, you can
let your soul travel to
unknown places and
explore many things you
would not have

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experienced with your physical body.

However, similar to waking up after a

dream, you may not remember what

happened during your astral travel. Take some

notes after your trip to get a better idea of your experience.

How to Astral Project |

Astrology Psychic

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Reading

Astral projection occurs when the astral body is projected into the astral dimension, where things are different than in the real world. Time is extended and distorted, that is, one hour on the astral can be like a few minutes in the physical world, depending on the part of the astral you are in. Reality is fluid and

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changeable.

Psychic Soul

**This Is Why You Face
Obstacles In Learning**

Astral Projection

What is Astral
Projection? Astral

projection is an
intentional out-of-body

experience by which
you separate from the
physical body to travel

outside it to enhance

your psychic and

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spiritual awareness. To achieve astral projection, you recognize that you have an etheric double which is anchored to your physical being.

**Astral Projection |
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Astrology**

Astral projection, also known by the term "astral travel" is a term

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that can be used to describe a facet of telepathy and divination that temporarily separates a person's consciousness and awareness from her physical body. While the body remains in a fixed point on the "material plane," the astral projectionist's mind is free to travel the universe.

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**Is Astral Projection
Real? - Best Psychic
Travel Sleep
Reading Reviews**

Astral travel is possible after you have achieved the ability to astral project, which is an intentional out-of-body experience by which you separate from the physical body to move around outside it to enhance your psychic

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and spiritual awareness.

To achieve astral projection, you recognize that you have an etheric double which is anchored to your physical being.

Astral travel | Psychic

Reading | Ask

Astrology

Dangers of Astral

Travel: Like anything in

life, there are real

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concerns related to astral projection, and there are also myths. Some myths include that you can get 'stuck' in the astral plane and be unable to return. As aforementioned, you remain linked to your physical body at all times.

**Why You Should Care
About Astral Travel**

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(Astral Projection)

Every human being will travel to the astral plane once his or her lifetime in the physical world is over. That is where the soul, or the consciousness, will wait until the person is reborn in a new lifetime. But that does not mean that it is impossible to travel to the astral plane before the end of your

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Reading

Astral projection or out of body experiences allow our souls to travel to different planes or even different times and realities. This fact is truly liberating. It means we are not just humans but souls and spirits that

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are truly free. There are many ways to do astral projection.

El Tiempo de Viaje a Través de la Proyección Astral | Lucy ...

Astral Projection: Your Guide To Enlightenment Astral projection is the out-of-body experience wherein people can

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Projection astral form
that physically separates
them from their bodies.

With astral travel,
people can travel
outside their bodies and
encounter divine beings
that can help them with
their enlightenment.

Affirmations

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